

BRCC Bird Rock Shops

Area code (858)



Architecture/Design

- 16 David Robinson Interior Design 459-4106 www.davidrobinsondesigninc.com
- 20 IS Architecture 456-8555 www.isarchitecture.com
- 33 Mark Lyon & Associates 459-1171 www.mdla.net

Automotive

- 7 La Jolla Independent 488-1555 www.bimmerdoc.com

Bridal

- 35 Va Lena Valentino 454-1619 www.valenavalentina.com

Children

- 25 Little Locks 551-5161 www.littlelocks.com
- 15 Nightingale Music 488-3244 www.nightingalemusicschool.com
- 86 SPOT Kids 459-7768 www.spotkidsot.com

Crafts

- 19 Beads of La Jolla 459-6134 www.beadsoflajolla.com
- 46 Gwen Couture 454-8599 www.gwencouture.com
- 102 La Jolla Art Studio www.lajollaartstudio.com
- 26 Needlepoint of LJ 454-0082 www.needlepointoflajolla.com

Dental

- 43 Bird Rock Dental 459-0229 www.birdrockdental.com

Fashion/Clothing

- 71 A Better Deal Tuxedo 551-6044 www.abetterdealtuxedo.com
- 4 Bird Rock Surf 459-9200 www.birdrocksurfshop.com
- 112 Capricorn 551-2660 www.capricornboutique.com
- 87 Mimi & Red Boutique 456-7933 www.mimiandred.com

Finance/Investment

- 58 Avalon Capital Group
- 31 Edward Jones Investments 454-2823 www.edwardjones.com
- 74 Sage Capital Advisors 459-0172 www.sage-cap.com
- 60 Waitt Foundation www.waittfoundation.org

Fitness

- 121 Bird Rock Fit 456-2690 www.birdrockfit.com
- 49 Pacific Fitness Center 750-3084 www.pacifctrainingcenter.com
- 83 Rush Cycling 352-7917 <http://therushstudio.com>
- 34 Sharpe Fitness 459-2158 www.sharpefitness.net
- 65 Studio Michelle www.studiomichelle.net
- 28 White Light Studio 459-9992 www.whitelightstudio.net

Floral & Event Design

- 82 Floral Design Studios 349-9715

Home Décor

- 18 Bard's Decorator Custom Shop 459-3603
- 120 Center Light Gallery 456-8188 www.centerlightgallery.org
- 39 Elizabeth Allen Atelier 200-7982 www.elizabethallen.com
- 14 Frame Masters 456-9781
- 24 Indo Teak Designs 454-4826 www.indoteakdesign.com
- 84 La Jolla Lighting 454-9500 www.lajollalightingonline.com
- 52 Moonglow Design 454-4258 www.moonglowdesign.com

Home Repair & Services

- Clean Air Lawn Care San Diego 414-4164 <http://cleanairlawncaresandiego.com>
- 51 Erling Rohde Plumbing 454-4258 www.erlingrohdeplumbing.com
- La Jolla Termite 454-4315 www.lajollatermite.com

Legal

- 54 Financial Law Group 456-2424
- 53 The Krueger Group, LLP 729-9997
- 23 Tyson & Mendes LLP 459-4400 www.tysonmendes.com
- 75 X-Patents, APC 454-4313

Lodging

- 1 La Jolla Biltmore Hotel 459-6446
- 2 Sands of La Jolla www.sandsoflajolla.com

Medical

- 62 Children's Clinic La Jolla 459-5437 www.childrenscliniclajolla.com
- 111 San Diego Holistic Healing 412-3105
- 76 Seaside Chiropractic 459-3132 www.bodyabcs.com
- 92 Trevor Robertson, Chiropractic 454-3612 www.trevorrobertson.com

last updated 1-20-2010

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Music/Dance/Art

- | | | | |
|-----|--------------------------|----------|--|
| 103 | Key of Blue Music Studio | 366-8902 | www.keyofblue.com |
| 102 | La Jolla Art Studio | | www.lajollaartstudio.com |
| 15 | Nightingale Music | 488-3244 | www.nightingalemusicsschool.com |
| 72 | Schroeder Piano | 459-4090 | www.schroederpiano.com |
| 89 | Tap Fever Studios | 456-7301 | www.tapfever.com |

Party/Gifts

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|----|-------------------------|----------|--|
| 39 | Elizabeth Allen Atelier | 200-7982 | www.elizabethallen.com |
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Pets/Animals

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|-----|---|----------|--|
| 91 | All About Animals | 459-4583 | |
| 106 | Bird Rock Animal Clinic/ Grosz Marlin DVM | | |
| 117 | Dapper Dog | 488-9500 | www.thedapperdog.com |

Real Estate

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|-----|------------------------------------|----------|--|
| 55 | A 48 Hour Inspector and Appraisals | 454-4163 | www.48-hour.com |
| 56 | La Jolla Bird Rock Realtors | | |
| 30 | Bird Rock Realty | 454-1123 | www.internet-realty.com |
| 114 | RE/MAX | 344-4068 | www.remax.com |
| 99 | Sunset Real Estate Appraisal | 459-1951 | |

Religious

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|----|---------------|--|--|
| 22 | Masonic Lodge | | |
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Restaurant

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|-----|---------------------------|----------|--|
| 119 | Bahia Don Bravo | 454-8940 | www.bahiadonbravo.net |
| 79 | Beaumont's | 459-0474 | www.beaumontseatory.com |
| 13 | Bird Rock Coffee Roasters | 551-1707 | www.birdrockcoffee.roasters.com |
| 96 | Bird Rock Yogurt | 454-1945 | |
| 110 | Cass St Café and Bakery | 454-9094 | |
| 95 | Farm To Fork | 888-2250 | http://farm-2-fork-produce.com |
| 11 | Julian Bakery | | www.julianbakery.com |
| 6 | La Basil Thai Cuisine | | www.basilthaisd.com |
| 115 | Lupi Vino Cucina | 454-6421 | www.lupivinocucina.com |
| 5 | Maitre D' | 456-2111 | www.maitredlj.com |
| 94 | Starbucks | 454-4037 | www.starbucks.com |
| 61 | Station Sushi | 551-0410 | www.stationsushibr.com |
| 41 | Voce Del Mare | 412-5000 | www.doradosvoce.delmare.com |

Salon/Beauty

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|-----|---------------------------|--------------|--|
| 85 | Armonia Skin Care | 459-9011 | www.armoniaskincare.com |
| 3 | Bird Rock Massage Therapy | 551-0425 | www.birdrockmassagetherapy.com |
| 29 | Fantasy Nails | | |
| 66 | Glamorous Touch Skincare | 740-0454 | |
| 42 | Hair Fairies | 459-5423 | www.hairfairies.com |
| 36 | Halcyon Aveda | 779-1001 | www.halcyonhair.com |
| 109 | La Mer Salon | 454-6667 | |
| 67 | Minx Salon | 619-920-4081 | |
| 105 | Nails by the Sea | 729-0504 | |
| 48 | Salon Paragon | 456-1993 | |
| 68 | Sola Salon Studios | 386-3630 | www.solosalonstudios.com |
| 100 | Spa Services La Jolla | 736-6812 | www.spaserviceslajolla.com |
| 44 | Stay Polished | 877-651-4523 | www.staypolished.com |
| 63 | Kristen's Massage Therapy | 619-997-3113 | |
| 116 | The Cutting Room | 459-9444 | |

Services

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| 64 | Adrenalina | 456-2061 | www.adrenalinaonlinestore.com |
| 98 | Bird Rock Computing Pros | 405-8210 | www.cpros.lajollaportal.com |
| 57 | BMW Builders | 274-4915 | www.bmwbuilders.com |
| 101 | Easy Books (Bookkeeping) | 619-341-1212 | www.easybookssd.com |
| 40 | Element of Time | 454-5377 | |
| 95 | Farm To Fork | 888-2250 | http://farm-2-fork-produce.com |
| 77 | Home Alone Estate Care, Inc. | 800-805-8250 | www.homealonelj.com |
| 78 | La Jolla Mailbox | 456-2216 | www.lajollamailbox.com |
| 10 | Lele's Cleaners | 551-1130 | |
| 107 | Mail Boxes ETC | 459-4077 | www.mailboxesetclocal.com/0003 |
| 108 | Seagull Cleaners | 459-9911 | |
| 50 | Studio M / Michael Spengler Photography | 454-0331 | www.studiomlajolla.com |
| 73 | The Sign Factory | 454-2233 | |
| 59 | Waitt Institutes | | |

Staples

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|-----|------------------------|----------|--|
| 3 | CVS/Pharmacy | 456-4830 | www.cvs.com |
| 104 | La Shore Market & Deli | 459-7655 | |

Travel

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|----|------------------|----------|--|
| 32 | Universal Travel | 456-7887 | |
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